

RELAXING (30')

Located on legs or back $40 \in$

RELAXING (50')

Body massage that relaxes muscles, eliminating tension and stress. $70 \in$

DECONTRACTING (50')

Body massage to reduce the pain of muscle contractures. 70 ${\color{black} \in}$

LYMPHATIC (50')

Very gentle body massage effective for the elimination of liquids. 70€

AYURVEDA ABHYANGA (60')

Indian massage made with hot essential oils. It benefits circulation, eliminates toxins, softens and brightens the skin, mitigates stress and improves rest. 80€

* Massages are offered in the room ** Massages are done one after the other *** Prior reservation 72 hours before